

# East Riding Social Prescribing Service



Humber Teaching  
NHS Foundation Trust

## 2019/2020 Impact Report

I am always listened to and not judged. Support is always there and offered.

Staff very easy to "open up" to and have great guidance.

Took time to listen to me and then offered so many brilliant suggestions for me to change my life.

Friendly, professional and informed staff, more than I ever expected.

Smashing young man, very knowledgeable and helpful, would recommend to all needing a helping hand.



The service made the final 5 of Social Prescribing Programme of the Year 2020



# Local Picture



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Over  
**10,000**  
Adults supported  
from October 2019  
to October 2020.

## Referral sources



**36**

General  
Practice sites



**7**

Local Authority Care  
Management teams



**7**

Community Mental  
Health teams



**5**

Hospital Discharge  
Services



**5**

Primacy Care  
Networks  
Self Referral

## Impact

**90%** reduction in the number of unplanned secondary care contacts and  
**95%** showed a reduction in cost after their Social Prescribing referral.

**£892** saving per patient, 6 months post Social Prescribing involvement in the cost of Unplanned Secondary Care Activity.

**98%** of patients had a positive experience with the service

**100%** of patients felt listened to

Provided from Friends and Family survey

There is a significant reduction of over **1/3rd** of contacts in secondary care activity in the months following the Social Prescribing intervention .

# Our covid-19 community response



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The service transformed on March 15th to support the emergency response to the Covid-19 pandemic.

Covering over 1,000 square miles with 12 New Community hub sites, the team played an integral role.

Ensuring more than 9,600 East Riding residents had direct support and access to;

- Medication,
- Food provision,
- Support for loneliness, isolation and vulnerability
- Access to a befriender

MARCH	APRIL	MAY	JUNE	JULY	AUGUST
592	2,508	2,057	1,649	1,034	226



## Problems & Solutions Top three outward referrals.



Local community groups, assets and charities



Mental and physical health peer support and wellbeing teams



Citizens advice bureau, local authority and regional charity and voluntary services.

## Partner feedback

*"The Social Prescriber concept has been one of the best and most positive single innovations in my whole time in GP. I would be prepared to say that to anyone who would listen. It is wonderful when an innovation helps rather than hinders."* Dr Carruthers Old Fire Station Surgery.

*"It's the missing link between health & social services for people who need 'support and help' rather than 'treatment'"* Anlaby Surgery Clinical Pharmacist.

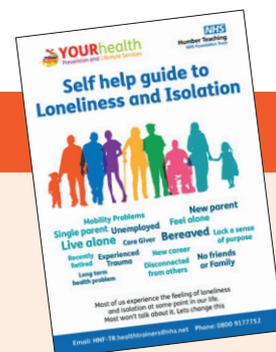
## Launching Winter 2020



SmokeFree Generation  
<https://tinyurl.com/y4v68byb>



Recovery College Platform  
[www.humberrecoverycollege.nhs.uk](http://www.humberrecoverycollege.nhs.uk)



Isolation and Loneliness Booklet

Working in partnership with



HUMBERSIDE  
Fire & Rescue Service

